

Required Clothing & Gear

Some of our favorite brands that combine quality and durability include Oakiwear, Columbia, Hapiu, Tufflo, Keen, and Snow Stoppers. These are easily found online but you can also find limited supplies at local stores like Rural King and sporting goods stores.

COLD WEATHER

• Two Pairs of Waterproof Gloves or Mittens

Warm and dry is the key to keeping little fingers from becoming painfully cold. For cold days, two pairs can be worn; one thin knit pair and a heavier, waterproof pair on top.

Mittens are great for little hands but older children prefer use of their fingers with gloves.

Snow Stoppers are my favorite for little hands. They combine Drypel and Thinsulate layers to keep hands warm and dry. In addition, the expanded cuff with wrist strap keeps snow out and gloves on.

Headband or Hat with Earflaps

We recommend a headband or hat with earflaps to cover the ears. I don't recommend ear muffs due to the challenge of keeping them on active children's ears.

Scarf or Balaclava

Waterproof, Insulated coat

• Waterproof, Insulted pants

There are mixed opinions about whether a one-piece or two-piece snowsuit is best. However, when it comes to layering, two-piece is the way to go. Especially for children who are actively moving and playing.

With a coat and snow pants, it's easy to take off the coat to cool down a bit while still protecting the legs and body. I recommend the bib style snow pants to reduce exposure on the back and stomach if the coat slides up while playing.

Tip: If you cannot find waterproof, you can treat your child's snow pants with waterproofing treatment/spray.

Waterproof, Insulated Boots with Rubber Soles for Gripping

Wool Socks

Socks should be a moisture wicking material that lays close to the skin. These include nylon, polyester mix, polypropylene, silk and merino wool. Stay away from 100% cotton, as it holds moisture.

TT NATURE SCHOOL: REQURIED CLOTHING & GEAR • 2022-2023

MODERATE WEATHER:

- Two-Piece Rain Set or One-Piece Rainsuit
- Rain Boots

Consider something with neoprene that helps block water from entering your child's boots. The neoprene option can also double as footwear for cold weather.

- Comfortable Pants
- Lightweight, Long-Sleeved Shirt
- Fleecy, Zip-Up Jacket or Pullover
- Sturdy Closed-Toe Shoes
- Sun Hat or Baseball Cap

WARM WEATHER:

- Two-Piece Rain Set or One-Piece Rainsuit
- Rain Boots
- Warm Weather Pants/Shorts

We recommend lightweight, synthetic cargo pants or shorts

Warm Weather Shirts

We recommend a lightweight, synthetic shirt.

Warm Weather Sandals

We recommend Keen sandals or other closed-toe sandals (no flip-flops, slides, or open toe shoes)

• Sun Hat or Baseball Cap

Tip: If you find your child is coming home with scratches from playing in the woods, we recommend they wear a lightweight, long-sleeved shirt and pants to protect their skin.

TT NATURE SCHOOL: REQURIED CLOTHING & GEAR • 2022-2023